



Job Title:	Mental Health Intern
Responsible to:	Licensed Clinical Supervisor, <i>The Mental Health Intern will work closely with the licensed clinical social workers, mental health department team, and staff who are part of the multidisciplinary team.</i>
Hours per week:	Terms and time to be discussed
Regular Hours Worked:	15-20 hrs./weekly
Pay:	Fee for service
Position Location:	New Castle County, Delaware

Holistic Elevation LLC Values are embodied in the following statements:

Our core values are simple and effective strength-based strategies that help students cultivate respect, responsibility, empathy, resiliency, authentic self-esteem and self-confidence. Hence, creating caring atmospheres in classrooms, homes, communities, and workplaces. Our goal is to build motivation and create changed minds and behaviors. We abide by our:

ONE FAMILY POLICY: *we accept diversity and highly encourage inclusion. We view our clients as members of one family wishing to develop themselves and their communities. We place them in high esteem regardless of what they bring to the table.*

- 1. Accountability & Responsibility:** We take personal responsibility for our life choices, our actions and growth. We are responsible for ourselves and those around us.
- 2. Community & Service:** We strive to empower ourselves and those around us to do things that make a difference. We believe by expressing compassion, consideration and kindness to students, friends and strangers alike will help build a community of love and empathy.
- 3. Excellence & Education:** We give our best at any task we do, we continuously strive to increase our knowledge, and set high goals that are committed to improving the quality of life for others.
- 4. Integrity:** We aspire to live by examples, with the highest standards of honesty, universal morals and behavior; We never compromise our values and always act in the best interest of others through equity and justice.
- 5. Collaboration:** We respect each other, and we thrive on our diversity to influence our universal love in making a difference.
- 6. Creativity:** We are open to new ideas, we embrace change, and we take disciplined risks to develop sustainable solutions

JOB DESCRIPTION

Mental Health Interns will gain practical work experience in the area of counseling, behavioral health, addictions and social human services. This intern position supports the promotion of individual growth in the clients, their families and guests of Holistic Elevation Mission through Outreach, Assessment, Connection, Case Management and Accountability. Interns will complete thorough trauma assessments and provide trauma treatment to 5-9 families in individual/family therapy. Interns may also co-facilitate psychoeducational, therapy, and/or support groups.

SPECIFIC RESPONSIBILITIES

Conduct clinical assessments to determine appropriate treatment options.

1. Provide individual and family therapy to sexually abused children by integrating treatment models and techniques.
2. Co-facilitate psychoeducational, therapy and/or support groups.
3. Participate in a multidisciplinary team.

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- 4. Provide case management services to clients.
- 5. Actively participate in individual and group supervision and consultation groups.
- 6. Participate in local networking and training opportunities.
- 7. Perform other duties as assigned.

SKILLS

- 1. Able and willing to establish and conduct healthy relationships that encourage accountability, personal growth and responsibility, facilitating identity in self
- 2. Organized (people and task oriented) and possess strong written, oral and interpersonal communication
- 3. Understanding of how legislation affects client care
- 4. Good interviewing and listening skills
- 5. Solid understanding of research and best practices
- 6. Skilled in intake, case management and discharge policies
- 7. Ability to use proper approaches with clients including but not limited to Cognitive Behavior Model, Solution-Focused Approaches, Emotionally Focused Approaches, and other Systems approaches.
- 8. Understanding of the unique issues encountered in a homeless environment; addictions, psychological disorders (anxiety, depression, trauma, schizophrenia, etc..) and poor function.

TEAM/SUPERVISION MEETINGS

- A. Participate case management meetings upon requests with the Family Preservation Worker to coordinate necessary services.
- B. Participate in weekly supervision meetings with the Clinical Supervisor and in group supervision as required
- C. Participate in field supervision with the Clinical Supervisor upon request.

TIME COMMITTEMENT

Interns commit to a minimum of 15 hours of service for a period of at least 6 months. Most service hours will be during the day (business hours) with the possibility of Saturday morning hours for family programming. Some additional evening hours may be available for providing assessments, individual, family and marriage counseling.

MINIMUM QUALIFICATIONS

Holistic Elevation seeks to work with students gaining a master’s degree in Social work, Counseling, Family or Psychology. Interns are committed to working with students and families who have experienced trauma or are interested in developing an expertise in this area. Flexible, motivated students who enjoy a challenging environment have found this practicum to be a good fit for them. Applicants who have previous experience working with children and families and have knowledge of trauma treatment are preferred. Bilingual students are strongly encouraged to apply and will have the support of bilingual supervisors.

Employee Printed Name

Supervisor Printed Name

Employee Signature

Supervisor Signature

Date

Date

Holistic Elevation LLC



Job Description Review Date	Employee Signature

Holistic Elevation LLC

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